

## A Note from the Counselor

**September's theme: BE PROACTIVE**

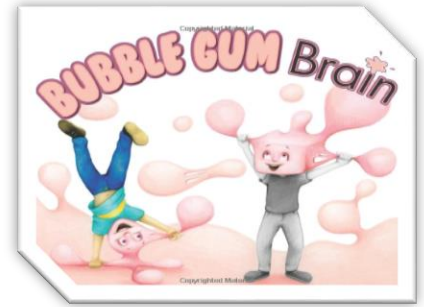
You are responsible for you!

**Book of the month:**

Bubble Gum Brain vs. Brick Brain

This month we will be talking about having a "Bubble Gum Brain" vs. a "Brick Brain". A "Bubble Gum Brain" can be flexible, learn new things. It knows mistakes are okay and help us learn. "Brick Brain" has a mindset that things are too hard and if I didn't learn it now, I never will. A phrase we are learning is, "I can't do that YET!" Instead of "I can't!" It is the **Power of "Yet!"**

(Bubble Gum Brain, by Julia Cook)



**Skill of the month:** Whole body Listening

**The Latest:**

Weber Human Services will be providing a therapist and Family Resource Counselor to assist students at our school this year. If you are interested in getting services for your student or family, please contact Mrs. Anhder for more information. (801) 452-4168.

**Save the Date:**

**Early Out:** September 15<sup>th</sup>, 1:15

**Picture Day:** September 18<sup>th</sup>

**Bond Election Mtg:** September 18<sup>th</sup>, 7:45 a.m. (At the school)

**Red Ribbon Week:** October 23-26. Fun "Red Ribbon Week" activities at school. Watch for more info.

**Halloween Family Math Night:** Join us for dinner and Spooky Math Games, October 30<sup>th</sup> 5:30-7:00.

**Veteran's Day Assembly:** Our Veteran's Day assembly will be November 10<sup>th</sup>, and 10:00 a.m. All Veteran's and Veteran Families invited. Watch for more info later.